



THE STATE OF FLORIDA  
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**MEMORANDUM HR19-2021**

To: Agency Administrators  
From: Carolyn Horwich, Esq., Director of Human Resources  
Subject: Weight Management Program  
Date: September 14, 2021

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Please share the attached Management Advisory containing important information about the Weight Management Program with all staff.

If Capital Health Plan (CHP) is the provider in your area, please note that it does not participate in this Program because it operates a similar program that is available to its members.

Also, the Management Advisory contains several internal hyperlinks. Therefore, emailing the document to staff in its original form will maintain the hyperlinks.

Thank you.




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Ron DeSantis, Governor  
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## **MANAGEMENT ADVISORY #21-007**

**DATE:** Sept. 14, 2021  
**TO:** Agency and University Personnel Officers and Benefits Coordinators  
**FROM:** Ryan Stokes, Director, Division of State Group Insurance   
**SUBJECT:** 2022 Weight Management Program

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The Department of Management Services (Department) is offering the Weight Management Program for Plan Year 2022. This program provides coverage for treating and managing obesity and related conditions such as diabetes, high blood pressure, high cholesterol, and heart disease.

The program is open to 2,000 State Group Insurance Program enrollees and their dependents who meet **ALL** of the following eligibility criteria:

1. Enrolled in Aetna, AvMed, Florida Blue, or United Healthcare in the 2021 **and** 2022 plan years.
2. Body Mass Index (BMI) of 27 or higher and at least one weight-related comorbid condition (e.g., hypertension, high cholesterol, type 2 diabetes) **or** BMI of 30 without a comorbid condition.
3. Must be 18 years or older.
4. Completed their health plan's health risk assessment in 2021 to submit with their online application.
5. Consented to provide personal and medical information to the Department.
6. Referred and supervised by a licensed physician in-network with the health plan during the 2021 plan year.
7. Agreed to enroll in a Department-approved wellness program during the 2022 plan year.

If enrollees participated in 2021, they must have submitted a completed Mid-Year Progress Report and End of Year Progress Report.

The following enrollees or their dependents covered under a State Group Insurance Program health plan are not eligible to participate in the program:

- Enrollees and their dependents enrolled in Capital Health Plan (CHP) during the 2021 and 2022 plan years. CHP has similar weight management programs available to members. For more information, contact CHP at (850) 383-3311.
- Enrollees or dependents under the age of 18.
- Enrollees in COBRA.
- Women who are pregnant, plan to become pregnant, or are nursing.
- Enrollees or dependents who do not meet all the Program's eligibility criteria.

In 2022, the program will provide coverage for all visits to a licensed in-network physician supervising a participant, and coverage for Federal Drug Administration-approved medications for chronic weight management. In addition, program participants will be responsible for all applicable medical and prescription drug copayments, coinsurance, deductibles, and out-of-pocket expenses.

**The application period begins on Oct. 4, 2021 and closes on Nov. 15, 2021.** The first step for those eligible and interested in participating is to download the [Physician Referral Form](#) from the [My Benefits website](#) and have it completed and signed by their physician. The second step is to apply online and submit a PDF or JPEG file of their completed [Physician Referral Form](#) with an application.

**The window to apply opens Oct. 4, 2021 and closes on Nov. 15, 2021.** The **Department** will not accept mailed or faxed applications or applications received after Nov. 15, 2021.

Applicants who meet program eligibility criteria, who have submitted a completed application with a completed Physician Referral Form signed by their physician and completed their health plan's health risk assessment, will be selected on a first-come, first-served basis. Only one application will be considered per member.

Participants will be required to enroll and engage in a free, Department-approved wellness program and submit two progress reports during the 2022 plan year. The specific wellness programs will vary based on the health plan the participant is enrolled in, but they will all be based on the Centers for Disease Control and Prevention's Lifestyle Change program. The first progress report is due no later than Friday, May 27, 2022. The second report is due no later than Friday, Oct. 28, 2022. Both progress reports must be signed by the supervising physician and submitted online.

Applicant information will be kept confidential. The Department is required to report program information to the Florida Legislature. Only the combined results of all participants will be reported and shared. Information about individual participation will not be disclosed.

Please share the FAQs and encourage employees to visit the [My Benefits website](#) to see if they are eligible and when and how to apply. If you have any questions about the program, please email the Division of State Group Insurance, at [weightmanagement@dms.fl.gov](mailto:weightmanagement@dms.fl.gov).

Thank you in advance for your support and dedication to help improve the long-term health and quality of life for employees enrolled in the State Group Insurance Program.