

THE STATE OF FLORIDA JUSTICE ADMINISTRATIVE COMMISSION

227 North Bronough Street, Suite 2100 Tallahassee, Florida 32301



Alton L. "Rip" Colvin, Jr. Executive Director

(850) 488-2415 FAX (850) 488-8944

www.justiceadmin.org

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MEMORANDUM HR22-2020

TO: Agency Administrators

FROM: Carolyn Horwich, Esq., Director of Human Resources

THROUGH: Rip Colvin, Executive Director

SUBJECT: Weight Management Program

DATE: September 16, 2020

The attached Correspondence from the Division of State Group Insurance provides important information regarding the continuation of the Weight Management Program.

If you have any questions, please contact your Benefits Coordinator.

Thank you.



Ron DeSantis, Governor Jonathan R. Satter, Secretary

MANAGEMENT ADVISORY #20-008

DATE:	September 10, 2020
TO:	Agency and University Personnel Officers and Benefits Coordinators
FROM:	Ryan Stokes, Interim Director, Division of State Group Insurance
SUBJECT:	2021 Weight Management Program

The Department of Management Services (Department) is offering the Weight Management Program for the fourth year. This program provides coverage for the treatment and management of obesity and related conditions such as diabetes, high blood pressure, high cholesterol, and heart disease.

The program is open to 2,000 State Group Insurance Program enrollees and their dependents who meet **ALL** of the following eligibility criteria:

- 1. Enrolled in Aetna, AvMed, Florida Blue, or United Healthcare in the 2020 and 2021 plan years.
- 2. Body Mass Index (BMI) of 27 or higher and at least one weight-related comorbid condition (e.g., hypertension, high cholesterol, type 2 diabetes) **or** BMI of 30 without a comorbid condition.
- 3. 18 years or older.
- 4. Completed their health plan's health risk assessment in 2020 to submit with their online application.
- 5. Consented to provide personal and medical information to the Department.
- 6. Referred and supervised by a licensed physician in-network with the health plan during the 2020 plan year.
- 7. Agreed to enroll in a Department-approved wellness program during the 2021 plan year.

If enrollees participated in year three of this program, they must have submitted a completed Mid-Year Progress Report and End of Year Progress Report.

The following enrollees or their dependents covered under the State Group Health Insurance Program are not eligible to participate in the program:

- Enrollees and their dependents enrolled in Capital Health Plan during the 2020 and 2021 plan years.
- Enrollees or dependents under the age of 18.
- Enrollees in COBRA.
- Women who are pregnant, plan to become pregnant, or are nursing.
- Enrollees or dependents who do not meet all the Program's eligibility criteria.

In the 2021 plan year, the program will provide coverage for all visits to a licensed in-network physician supervising a participant, as well as coverage for Federal Drug Administration-approved medications for chronic weight management. Program participants will be responsible for all applicable medical and prescription drug copayments, coinsurance, deductibles, and out-of-pocket expenses.

The program application period begins on Monday, October 5, 2020 and closes on Monday, November 16, 2020. The first step for those eligible and interested in participating in the program is to download the <u>Physician</u> <u>Referral Form</u> from the <u>My Benefits website</u> and have it completed and signed by their physician. The second step is to apply online and submit a PDF or JPEG file of their completed <u>Physician Referral Form</u> with an application.

The window to apply opens October 5, 2020 and closes on November 16, 2020. The Department will not accept applications that are mailed or faxed or received after November 16, 2020.

Applicants who meet the program eligibility criteria and who have submitted a completed application with a completed Physician Referral Form signed by their physician, and their health plan's health risk assessment will be selected on a first-come, first-serve basis. Only one application will be considered per member.

Participants will be required to enroll and engage in a free Department-approved wellness program and must submit two progress reports during the 2021 plan year. The specific wellness programs will vary based on the health plan, but they will all be based on the Centers for Disease Control and Prevention's Lifestyle Change program. The first progress report is due no later than Friday, May 28, 2021. The second report is due no later than Friday, October 29, 2021. Both progress reports must be signed by the supervising physician and submitted online.

Applicant information will be kept confidential. The Department is required to report program information to the Florida Legislature. Only the combined results of all participants will be reported and shared. Information about individual participation will not be disclosed.

Please share the FAQs and encourage employees to visit the <u>My Benefits website</u> to see if they are eligible and when and how to apply. Please do not direct employees to contact People First as the Division of State Group Insurance is solely responsible for administering the program. If you have any questions about the program, please email <u>weightmanagement@dms.fl.gov</u>.

Thank you in advance for your support of this program to help improve the long-term health and quality of life for employees enrolled in the State Group Health Insurance Program.